

A photograph of a coastal landscape. In the background, a large, sloping stone wall or embankment rises from a muddy beach. Several people are visible on the wall and in the water. The foreground is a wide, muddy beach with some stones scattered on it. The sky is overcast.

# *Arthog Residential Visit*

*Parents' Information Meeting  
Thursday 8<sup>th</sup> January*



## Dates and Staff

Monday 9<sup>th</sup> February – Friday 13<sup>th</sup> February 2026

The children will be accompanied by:

- Mrs Fryer – Year 6 Teacher
- Mrs Maddock – Year 3 Teacher
- Mrs Spink – Year 5/6 Support Assistant
- Miss Dhaliwal – Year 5/6 Teacher
- Mrs Robinson – Year 5/6 Higher Level Teaching Assistant
- Mr Homer – Crossbar Coach



*Arthog Outdoor Education Centre is situated just outside the village of Arthog and is approximately a mile from the coastal town of Fairbourne.*



### Day of departure:

The children should arrive at school on the morning of Monday 9<sup>th</sup> February at 8:35am, taking their named luggage into the school hall via the double blue doors, where they should then wait for registration.

The children will leave school by coach at 9:15 am and will travel to Arthog.

Children will require a packed lunch and their water bottle for the first day. This needs to be in a named disposable bag and kept separate to their luggage.

## Medication:

Any medication that your child takes **MUST** be given to Mrs Robinson **IN A NAMED CONTAINER** with a school medical form attached - these are available from school office.

Mrs Robinson will be sat at a table to collect all medication.

## Tuck Shop:

Arthog open the tuck shop throughout the week and each group will have an allocated slot.

We would suggest a **MAXIMUM** amount of £10.00 as pocket money.

The children will be responsible for their own money.

This needs to be in coin please.

# What to take...

- The kit list outlines everything that you will need.
- Involve children in packing if you can then they can see what they are taking with them.
- Write their name on everything!
- Bring a single bottom sheet, duvet cover and pillowcase.
- Practise fitting a duvet cover with your child before arriving.

# Clothes

- Casual warm clothes are most useful.
- Layers are better.
- If clothes get wet, they can be dried in the drying room (we encourage pupils to reuse dried worn clothes).
- **AVOID** jeans as they are not suitable for activities and they stay wet for a long time making children colder.
- **DON'T** bring a sleeping bag.
- **AVOID** aerosol deodorants/sprays. Roll on or stick deodorants are fine.



# Arthog provide...

- Waterproof jacket
- Waterproof over trousers
- Walking boots
- Rucksacks

# Kit list

- Coat (with them on coach)
- 4-6 vests/t shirts
- 3-5 sweatshirts/jumpers/fleece tops
- 6-8 sets of underwear
- 3-5 joggers/trousers
- Socks at least 6-8 pairs of which 3 are thick
- Warm hat
- Gloves
- 2 pairs of shoes/trainers

## Kit continued...

- Towels, soap and shampoo
- Toothbrush and toothpaste
- Metal drinks flask (for winter)
- Plastic drinks bottle - named
- 2 plastic carrier bags
- Sun hat (for summer)

# Useful extras

- Sun cream
- Insect repellent
- Lip balm
- Torch
- Plasters
- Stamps for postcards



During their week stay at Anthog  
the children will take part in a  
range of outdoor activities in and  
around the Centre.





# Arthog Staff

- Being an Outdoor Education Centre, owned and run by the Borough of Telford & Wrekin, all staff are:
  - fully DBS Checked;
  - fully qualified to lead outdoor pursuit activities such as canoeing, rock climbing and caving; and
  - all activities are health and safety checked.

# Types of Activities

- Mountain Walking (John Muir Award)
- Canoeing
- Gorge Walking
- Surfing
- Rock Climbing
- Scrambling/Climbing
- Orienteering
- Also included is a night line walk and a beach visit



# Mountain Walking





# Gorge Walking



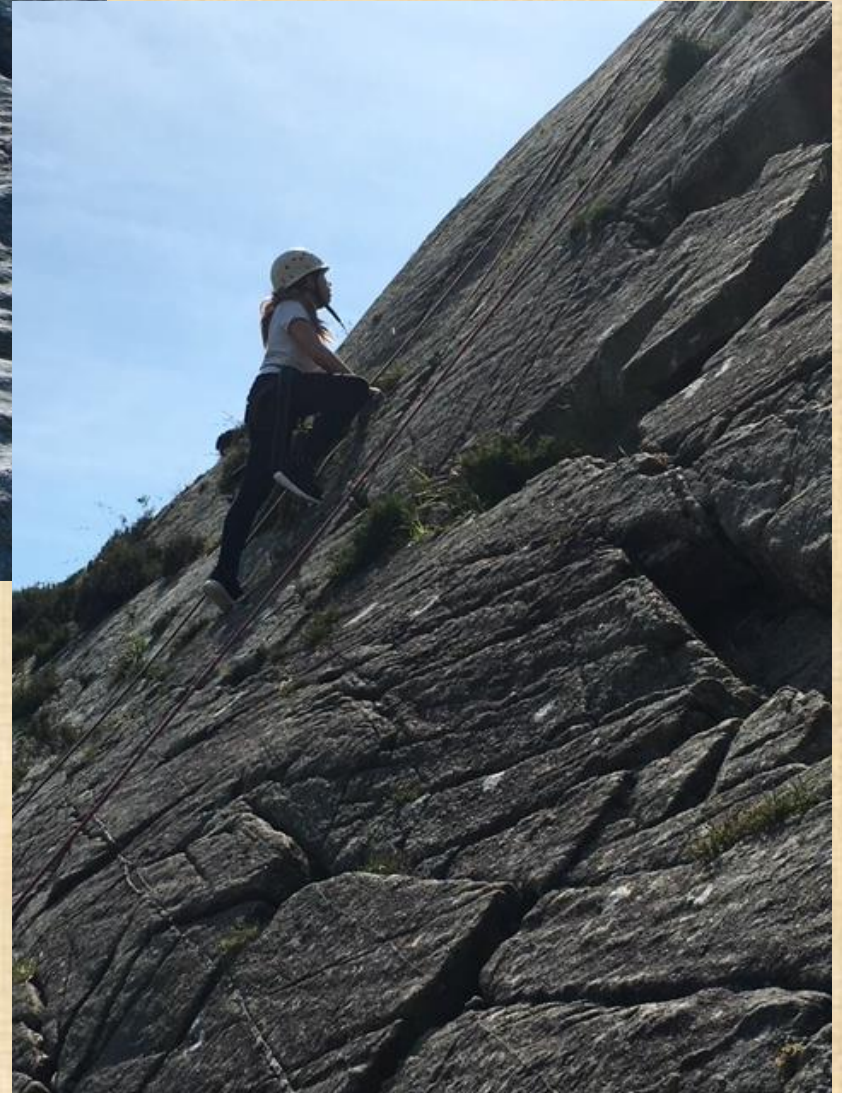
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# Gorge Walking

Gorge Walking is an outstanding group challenge involving the pupils helping each other through the rocky terrain of a mountain stream.

Waterfalls, pools and slides make this one of their wetter sessions.



Rock Climbing

# Rock Climbing

Rock climbing and abseiling are exhilarating and rewarding challenges, actively involving all students, where self-confidence, co-operation, trust and teamwork develop. Confidence and skills are nurtured within the session to ensure everyone achieves to an appropriate level.





# Canoeing







# *Climbing and Scrambling*







# Surfing





# Orienteering







*Views from the Mountain Walk*



# The Arthog Centre













# Evening Activities

- The children will have free time each evening. However, after dinner there will be a planned activity for the children to take part in, such as:
  - Night Walk
  - Nightline
  - Beach activities

# Nightline









# Night Walks



Please return completed consent forms and medical consent forms to your child's class teacher ASAP.

If you would like another copy of the Kit List then please take one.

If there is anything you would like us to know, please speak to your child's class teacher after this meeting or over the next few weeks.

# Remember!

No mobile phones or electronic games/ equipment. Also no spray deodorants please as these can set off the fire alarms!





We will hopefully be  
returning to school for our  
normal dismissal time but  
we will keep parents  
informed of any changes.

Any Questions?