



Randlay Primary School & Nursery

Local Centre,
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Head Teacher:
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Dear Parents/Carers,

World Mental Health Day Wear Yellow for Young Minds

On Friday 10th October, we will be joining schools across the country to acknowledge **World Mental Health Day** and **show our support for Young Minds**, the UK's leading charity fighting for children and young people's mental health.

This year, we are inviting all children and staff to **wear something yellow** – it could be a **T-shirt, socks, a hair accessory, or even just a splash of colour**. By wearing yellow, we hope to raise awareness of the importance of looking after our mental health and showing children that it is okay to talk about their feelings.

If you are able to, we would appreciate a **small voluntary donation of £1**. This can be paid through ParentPay. All contributions will go directly to Young Minds to support their vital work with children, young people, and families.

This will also be an opportunity for us to talk to the children in school about mental health in an age-appropriate way, and to reinforce the importance of kindness, empathy, and supporting one another.

Thank you for your continued support in helping us to make a positive difference, both in our school and beyond.

Kind regards,

Lynda Stolic
Headteacher

YOUNGMINDS

