

TELFORD CRISIS SUPPORT

Shopping list



We are always grateful to receive the following

Tinned meats - steak, mince, pork, chicken, corned beef etc.

Tinned meals - stew, meatballs, curry, chilli etc.

Tinned veg - potatoes, peas, carrots etc.

Long-life Milk - semi-skimmed & whole

Pasta sauces & pasta bakes

Rice pudding & tinned fruit

Tinned tuna & salmon

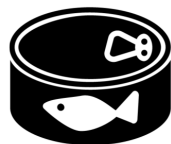
Pasta & noodle pots


Chocolate

Biscuits

Coffee

Sugar



We also welcome
any dietary-specific
foods, vegetarian,
gluten-free, 
free-from etc.



Shampoo
Toothpaste
Deodorant
Toothbrushes
Shaving Foam
Disposable razors
Shower Gel & Soap
Feminine Care Products