



Funded by  
UK Government



Telford and Wrekin

**FAMILY HUBS**



# IN YOUR COMMUNITY



Telford & Wrekin  
Co-operative Council

Protect, care and invest  
to create a better borough

Scan the QR  
code for further  
information



# Drop-in sessions across Telford and Wrekin

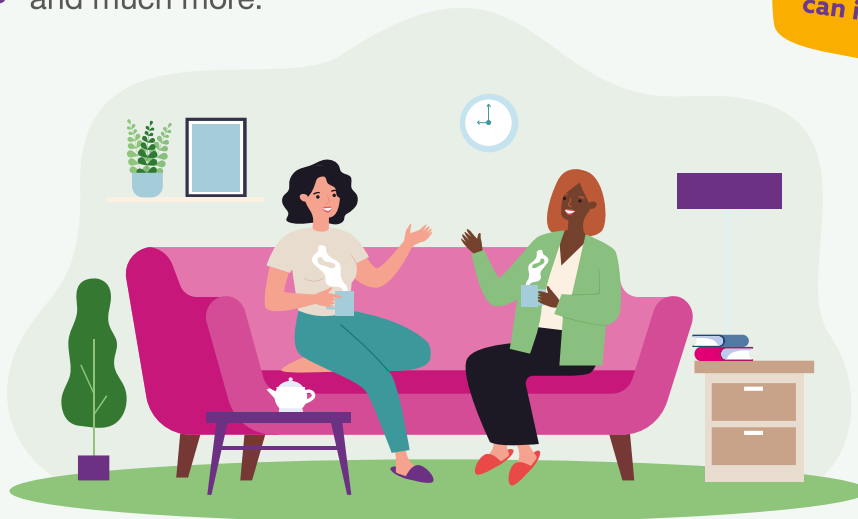
**Come along and meet your local Family Hubs team at any of our drop-ins.**

We can provide you with support and advice around

- parenting and behaviour support;
- online and community safety;
- SEND (Special Educational Needs and Disability);
- domestic abuse support;
- financial advice;
- information around support in your community;
- and much more.

Hello

Hi, how  
can i help?



## Telephone drop-in

On selected dates and times a telephone drop-in service is available and we can provide a translator if needed. Visit [www.telfordfamilyhubs.co.uk](http://www.telfordfamilyhubs.co.uk) for further information on locations and times for drop-ins and how to book a telephone drop-in appointment.



## Online programmes and workshops

The Family Hubs team offers a range of free online programmes and workshops ran by our friendly team that you can access from the comfort of your own home to support you and your family.

Take a look at our website to see what's available for you.

### Parenting Together

A four week online programme, which looks at behaviour support for your children and teenagers, keeping safe online and in the community, feelings and emotions and much more.

### Booking

Please go to the [www.telfordfamilyhubs.co.uk](http://www.telfordfamilyhubs.co.uk) and click the parenting tab to book a place.

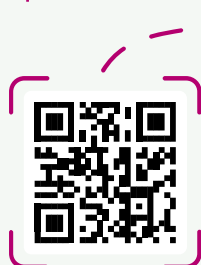
Call **01952 385465** if you have any questions and we will be happy to help.



### Solihull Approach

You can access a free variety of programmes for 0-19 years that you can complete in your own time which cover topics from understanding pregnancy and your baby, to the teenage brain and more.

These are **FREE** to access at <https://inourplace.co.uk>  
– the password is **Darwin18**



# Playing Together

Come and join us and have fun  
playing with your 0-5 year olds!

**A FREE session for you and your child to enjoy  
games, physical play and creative activities.**

[www.telfordfamilyhubs.co.uk](http://www.telfordfamilyhubs.co.uk)

<b>TUESDAY</b>	<b>Neighbourhood Centre, Hollinswood</b>	<b>10-11.30am</b>
<b>TUESDAY</b>	<b>Donnington Children's Centre within Donnington Infants School</b>	<b>9.15-10.45am</b>
<b>FRIDAY</b>	<b>Park Lane Centre, Woodside</b>	<b>1-2.30pm</b>

**All groups are term time only**

Check out what's on in and available for you in your community.  
We have information around local playgroups, healthy eating,  
cooking classes, events, infant feeding, and more.

