

14 JUL	WK 3	14 JUL	WK 3	15 DEC	WK 1
7 JUL	WK 2	10 NOV	WK 2	8 DEC	WK 3
30 JUN	WK 1	3 NOV	WK 1	1 DEC	WK 2
23 JUN	WK 3	27 OCT - HALF TERM		24 NOV	WK 1
16 JUN	WK 2	20 OCT	WK 2	17 NOV	WK 3
9 JUN	WK 1	13 OCT	WK 1	16 MAR	WK 2
2 JUN	WK 3	6 OCT	WK 3	9 MAR	WK 1
26 MAY - HALF TERM		29 SEPT	WK 2	2 MAR	WK 3
19 MAY	WK 1	22 SEPT	WK 1	23 FEB	WK 2
12 MAY	WK 3	15 SEPT	WK 3	16 FEB - HALF TERM	
5 MAY	WK 2	8 SEPT	WK 2	9 FEB	WK 3
28 APR	WK 1	1 SEPT	WK 1	2 FEB	WK 2
Summer Term 2025		Autumn Term 2025		26 JAN	WK 1
				19 JAN	WK 3
				12 JAN	WK 2
				5 JAN	WK 1
				Spring Term 2026	

Menu calendar

Aspiration
Aspire to eat food like
the rainbow - foods of
every colour!

Free School Meals DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less than £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Download your copy at www.telford.gov.uk/schoolmeals

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

Let's Dine Primary School Menu

April 2025 to
March 2026

Designed by the School Council
'Working together as one'



Randlay
Primary School
and Nursery



Our menus

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.



'Make a picture with
Your food, it's fun and
looks even tastier!'



V Vegetarian
Ve Vegan
H Halal

Week 1

Respect
'People like different foods, we all have a choice'

Week 2

Excellence
'We hope you think our menu is excellent, there's loads to choose from.'



Week 3

Sandwich Bar

Monday

Pork Sausages *Farm Assured Pork Sausages*

Vegetarian Sausage **V**

Creamed Potato, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Muffin Selection

Sandwich Bar

Thursday

Southern Fried Chicken *Farm Assured Chicken*

Quorn Dunkers **V**

Potato Wedges, Noodles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge

Sandwich Bar

Monday

Cheese and Tomato Pizza **V** or Ham Pizza

Pasta Bake *Pasta Twists and Seasonal Vegetables in a Tomato Sauce* **V**

Noodles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Cake

Sandwich Bar

Thursday

Jacket Potato with Beef Chilli, Tuna or Cheese

Pasta Neapolitan **V**

Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Marble Sponge and Custard

Sandwich Bar

Monday

Beef Meatballs in Gravy *Gluten Free Meatballs with a Rich and Tasty Gravy*

Vegetarian Balls **V**

Noodles, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge

Sandwich Bar

Thursday

Cheese and Tomato Pizza **V** or Ham Pizza

Vegetarian Parcel **V**

Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Handmade Cookies

Sandwich Bar

Tuesday

Cheese and Tomato Pizza **V** or Ham Pizza

Potato Waffles, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Crunch

Sandwich Bar

Friday

Fish Finger *White fillet of fish coated in breadcrumbs*

Cheese Flan **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Tuesday

Big Breakfast *Farm Assured Sausage, Bacon*

Vegetarian Sausage **V**

Potato Waffles, Tomatoes, Baked Beans, Mushrooms, Seasonal Salad Selection, Bread

Fruit Salad or Melon Slice

Sandwich Bar



The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar

Tuesday

Handmade Sausage Roll *Farm Assured Pork Sausage meat encased in Puff Pastry*

Vegetarian Sausage **V**

Potato Wedges, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Selection of Swirl Mousses

Sandwich Bar

Friday

Fish Finger *White fillet of fish coated in breadcrumbs* or Fishcake

Cheese Puff **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Wednesday

Roast Chicken *Farm Assured Chicken in a Rich and Tasty Gravy*

Vegetarian Parcel *Seasonal Vegetables and Mixed Beans encased in Puff Pastry* **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly and Cream



Sandwich Bar

Wednesday

Minced Beef in a Rich and Tasty Gravy *Farm Assured Minced Beef*

Quorn in a Rich and Tasty Gravy **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Sandwich Bar

Friday

Chicken Dunkers or Fish Finger *White fillet of fish coated in breadcrumbs*

Quorn Dunkers **V**

Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Wednesday

Chicken Pie *Farm Assured Chicken in Gravy topped with Pastry*

Vegetarian and Quorn Pie **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Cheesecake



Sandwich Bar

Available daily by pre order

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Collaboration

'Designed by the School Council in collaboration with Let's Dine.'

FUN FOOD FACTS

Potatoes were the first vegetable to be grown in space.

FUN FOOD FACTS

A pomegranate can hold up to 1400 seeds.

Courage

'Try new foods and flavours, don't be afraid.'