

V Vegetarian
Ve Vegan
H Halal

Week 1

Respect
'People like different foods, we all have a choice'

Week 2

Excellence
'We hope you think our menu is excellent, there's loads to choose from.'



Week 3

Sandwich Bar

Monday

Pork Sausages *Farm Assured Pork Sausages*

Vegetarian Sausage **V**

Creamed Potato, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread

Muffin Selection

Sandwich Bar

Tuesday

Cheese and Tomato Pizza **V** or Ham Pizza

Potato Waffles, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Crunch

Sandwich Bar

Wednesday

Roast Chicken *Farm Assured Chicken in a Rich and Tasty Gravy*

Vegetarian Parcel *Seasonal Vegetables and Mixed Beans encased in Puff Pastry* **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Jelly and Cream

Sandwich Bar

Thursday

Southern Fried Chicken *Farm Assured Chicken*

Quorn Dunkers **V**

Potato Wedges, Noodles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge

Sandwich Bar

Friday

Fish Finger *White fillet of fish coated in breadcrumbs*

Cheese Flan **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream



Sandwich Bar

Monday

Cheese and Tomato Pizza **V**

Pasta Bake *Pasta Twists and Seasonal Vegetables in a Tomato Sauce* **V**

Noodles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Chocolate Cake

Sandwich Bar

Tuesday

Big Breakfast *Farm Assured Sausage, Bacon*

Vegetarian Sausage **V**

Potato Waffles, Tomatoes, Baked Beans, Mushrooms, Seasonal Salad Selection, Bread

Fruit Salad or Melon Slice

Sandwich Bar

Wednesday

Minced Beef in a Rich and Tasty Gravy *Farm Assured Minced Beef*

Quorn in a Rich and Tasty Gravy **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Flapjack

Sandwich Bar

Thursday

Jacket Potato with Beef Chilli, Tuna or Cheese

Pasta Neapolitan **V**

Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Marble Sponge and Custard



Sandwich Bar

Friday

Chicken Dunkers or Fish Finger *White fillet of fish coated in breadcrumbs*

Quorn Dunkers **V**

Chips, Couscous, Sweetcorn, Garden Peas, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar

Monday

Beef Meatballs in Gravy *Gluten Free Meatballs with a Rich and Tasty Gravy*

Vegetarian Balls **V**

Noodles, Pasta Twists, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Iced Sponge

Sandwich Bar

Tuesday

Handmade Sausage Roll *Farm Assured Pork Sausage meat encased in Puff Pastry*

Vegetarian Sausage **V**

Potato Wedges, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Selection of Swirl Mousses

Sandwich Bar

Wednesday

Chicken Pie *Farm Assured Chicken in Gravy topped with Pastry*

Vegetarian Pie **V**

Roast Potatoes, Creamed Potato, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Cheesecake

Sandwich Bar

Thursday

Cheese and Tomato Pizza **V**

Vegetarian Parcel **V**

Potato Waffles, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Handmade Cookies

Sandwich Bar

Friday

Fish Finger *White fillet of fish coated in breadcrumbs* or Fishcake

Cheese Puff **V**

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Bread

Vanilla Ice Cream



Collaboration

'Designed by the School Council in collaboration with Let's Dine.'

FUN FOOD FACTS

Potatoes were the first vegetable to be grown in space.

Sandwich Bar

Available daily by pre order

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

FUN FOOD FACTS
A pomegranate can hold up to 1400 seeds.

Courage
'Try new foods and flavours, don't be afraid.'